

## Appetizers & small bites

CHF

Green Salad (small portion: Fr. 7.-) 🥬	10
Mixed Salad (small portion: Fr. 9.-) 🥬	13
Greek Salad: Cucumber, Tomato, Pepperoni, Olive, Feta & Onion 🥬	19
Melon with raw Ham	14
«Caesar Salad Seeblick» with Iceberg-Salad, French Dressing, & Grana Padano	15
on top: pan-fried Chicken Breast	23
on top: pan-fried Black Tiger Prawns	25
Black Tiger Prawns in Olive Oil Pot with Garlic & Chilli	22
Mountain Platter (140g for 1-2 People), dried Beef, shaved Mountain Cheese, Sausage from Ballenberg & raw Ham with pickled Vegetables, Bread & Butter	30
Crispy Baguette Sandwich with Cheese 🥬, Ham or Salami (mixed: + CHF 2)	10

## Home-made Soups

Gazpacho (cold Spanish Vegetable Soup) 🥬	12
Chicken Consommé with Chinese Noodles & Dry Martini	11

## Fitness Plate

«Fitness Plate Seeblick». Mixed Salad, Egg, Melon with...	Large Salad 🥬:	22
❖ Roastbeef (100g) with Tartar Sauce		35
❖ Pork Steak with Herb-Butter		31
❖ Fillet of Pollan fresh from the Lake of Thun, pan-fried in Almond-Butter		36

## Origins

Chicken, Pork, Veal & Beef  
Pollan (Swiss White Fish)  
Zander (Pike Perch)

Switzerland  
Lake of Thun  
Germany

Prawns « Black Tiger» (Certified ASC) Vietnam  
Perch (Certified Mc Lean) Poland  
Raw Ham Italy

## Why 3 different Portion Sizes?

We had a 4-week analysis of our food waste. The main result was that our portions were too large, where considerable food landed on the biogas plants. Therefore, we decided to keep an eye on the portion sizes to use our valuable food optimal. **Rules for XL portions: Dish only for 1 person & no take-away of the remaining food.** Since 2015 we are a member of "Swiss Alpine Hotels" Cooperation and as a result, we participated in this analysis with the following organisation:



We receive fish already in fillets, but it can happen, that fish bone is still appearing.

## Home-made Burgers

Large Ciabatta Beef Burger (150g) with Egg «over-easy» & crispy Bacon with Raclette Cheese	28 31
Large Ciabatta Chicken Breast Burger with Egg «over-easy» & crispy Bacon with Raclette Cheese	26 29
Large Ciabatta Tofu Burger with Pesto & Egg «over-easy» 🍆 with Raclette Cheese 🍆	23 26
All Burgers served with Iceberg Salad, Tomato, Onion, & Gherkin. Sauces separated	
Additional Sides: Salad or Country Fries	+5

## Pasta & Vegetarian

	½ Port.	Med	XL
Spaghettini all'Arrabbiata 🍆	16	20	21
Spaghettini Bolognese with minced Beef	20	25	26
Spaghettini with Pesto, Pine Nut, & Cherry Tomato 🍆	20	25	26
Vegetable Plate with boiled Potatoes & fried Egg 🍆 with Raclette Cheese gratinated 🍆	18 21	22 25	23 26
«Vegetarian Riz Casimir» with Tofu cubes, Rice, Curry Sauce & Fruits 🍆	22	26	27

## Fish

Deep-fried Zander in a Basket, Country Fries & Tartar Sauce	21	26	27
Deep-fried Fillets of Perch, Country Fries & Tartar Sauce	27	35	36
Fillets of Perch pan-fried in Almond-Butter, boiled Potatoes & Vegetables	32	39	40
Fillets of Pollan fresh from the Lake of Thun pan-fried in Almond-Butter with Rice & Vegetables	31	37	38
Saltimbocca of fresh Pollan from the Lake of Thun With boiled Potatoes & Vegetables	34	42	43

## Meat

«Riz Casimir» with Chicken, Rice, Curry Sauce & Fruits	23	29	30
Pork Steak with Herb-Butter, Country Fries & Vegetables	25	30	31
Homemade Cordon-Bleu of Pork, Country Fries & Vegetables		33	
Veal Escalope (100/200g) «Vienna Style» with Country Fries	29		39
Entrecôte (120/240g, Quality: 1A) with Herb-Butter, Country Fries & Vegetables	36		49